



# Art Wellness Dip Dot Art Outdoor Décor

Project and Design by Sandy McTier



# Supplies

Flower pots, wooden coaster, or other outdoor décor items of choice.

Dotting Tools: Stylus variety of ball sizes, pencils, (sharpened or not sharpened) new pencil eraser, and paint brush handles.

Other Supplies: palette paper, water basin, and paper towels.

## DecoArt Paints

Multi-Surface Satin: Black Tie (for flower pots)

Patio Paints: Blue Bahama, Honeydew, Apple Green, Citrus Green, Carnation Pink, Azalea, Fuchsia, Marigold, Tiger Lily Orange, and Cloud White.

## Instructions

### Before You Begin

For the design on the black flower pot I base coated it with Multi-Surface Satin in Black Tie.

**TIPS:** To make the dots the same size, you'll want to dip into the paint each time and then dot. Make sure the tool you are using – whether a brush handle, toothpick, or stylus tool – is straight up and down. This will help ensure a round dot each time. If you want them to gradually get smaller as you're dotting, don't reload the tool with paint – just keep dotting. To evenly space dots out, look at your circle like you do a clock and dot accordingly. If I am dotting a complete circle I will dot at 12, 6, 3 and 9 then fill in the spaces with additional dots.

**NOTE:** For the sake of writing – I'm going to use a paint brush handle or stylus for the instructions. You can alternate between brushes, stylus/ball tools, pencil erasers, etc. to create your dots.

### Creating the Mandala

Before starting you want to find the center of the surface you're painting on and mark it with a dot. You can map out your design by using a ruler and a chalk pencil. This works great on flat surfaces but can be a little tricky for round surfaces. You can use a string and chalk to map out your lines or use a flexible ruler. I tend to just go for it! Start with my center dot and let the design build from there.

Dip the end of the paint brush into Apple Green and paint the middle dot.

Dip a smaller paint brush handle into Honeydew and paint dots around the center dot. Dip a tiny stylus into White and paint dots in between each of the honeydew dots.

Wipe off, dip into Apple Green and paint dots around the circle.

Load a larger brush handle with Fuchsia and paint dots around in a circle skipping every other dot. Load a small tool into Fuchsia and dot in between.

Load a tiny tool with Cloud White and paint small dots around each of the pink dots. Remember the clock method – start at 12,6,3, and 9 – then fill in the space in between.

Dip the end of a medium sized brush into Carnation Pink and paint a larger dot staggered in between each of the Fuchsia dots.

Dip stylus tool into White and dot just above the pink dot and pull a curved stroke around the dot. Think of parenthesis. Repeat on the other side. Do this for all of the Carnation Pink dots.

Dip a slightly larger stylus tool into Fuchsia and paint a larger stroke on both sides of the white stroke.

Dip the end of a small brush handle into Tiger Lily and paint a dot in the center of the Carnation Pink dots and, without reloading the tool, dot two more times. The dots will gradually get smaller.

Wipe off the end, dip into Honeydew and paint a dot just above the “parenthesis” strokes. Dip a tiny stylus tool into Honeydew and paint a small dot above the honeydew dot and then paint two dots on both sides of the top dot.

Load a small stylus with White and paint a comma stroke on both sides of the orange dots. Reload the tool and paint small dots in between each of the orange dots.

Second layer of dots: Dip small handle into Marigold and dot the center of the inner Honeydew dots. Wipe off the tool, load with Carnation Pink, and dot every other Apple Green dot.

Load a larger tool with White and dot the larger Fuchsia dots. Wipe off the tool, dip into Apple Green, and dot the center of the Carnation Pink dots.

Dip a small stylus into Tiger Lily Orange and dot the centers of the orange dots. Wipe off the tool, dip into White, and dot the Honeydew dot at the top of each “parenthesis” design.

